

Positions through iterating

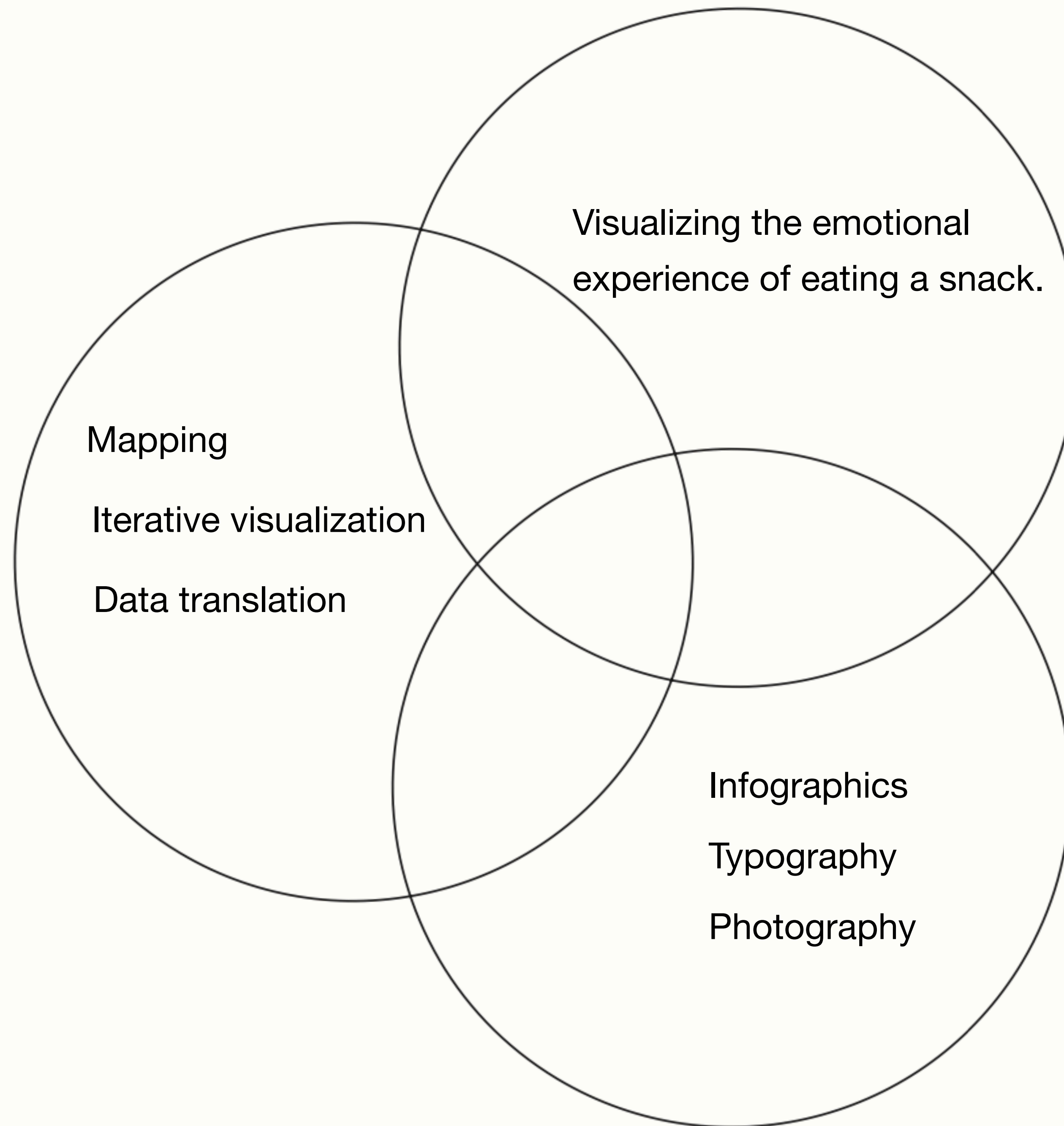
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Method of translating

Visualising my feelings into stickers about this snacks in the package.



METHODS



TOPICS

MEDIA

Iteration 0



1. Started with emotional stickers
2. Tried turning emotions into graphic forms
3. Created emotional ingredient labels
4. Shifted to personal, sensory expression
5. Expressing emotion through the facial expression



Taste incoming...



Calm bite



Oooh!!!!



Happy tongue



Tracking emotional changes through physical expressions.

How can I use graphics forms to represent the emotional rhythm, rather than just showing what my face looks like?

I started by mapping how my emotions changed while I was eating a crisp, using simple shapes for my eyes, mouth, and fingers.

I got more interested in the rhythm of emotions — how they flow and almost feel like music — and I wanted to show that with really simple forms.

I played around with basic shapes and small changes to show how feelings shift over time.

I'm trying to find a simple way to show emotional journeys through very basic visuals.

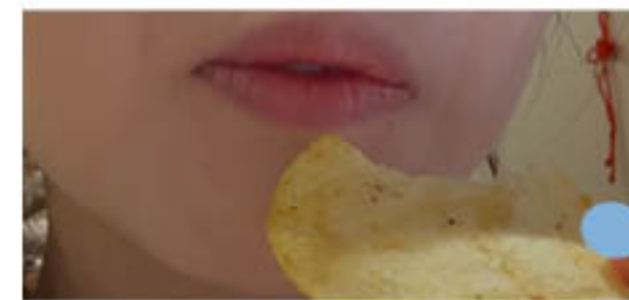
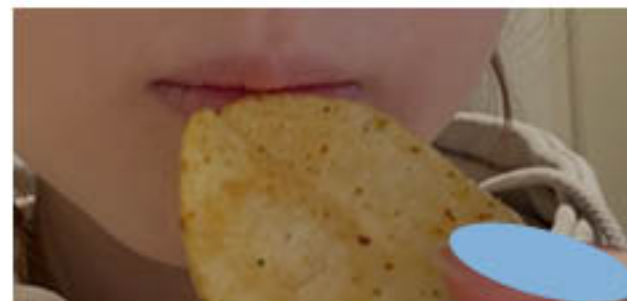
I mapped the emotional journey of eating crisps

A structured timeline (like a musical score)

Each mouth shape captures a shift in feeling
from anticipation, to excitement, to satisfaction.



Turned movements into simple geometric shapes.





MILD HAPPINESS



CALM



QUICK HAPPINESS



SATISFATION



RELAX

"iconize" emotions

Giving each feeling a simple color

Make the emotional shifts easier to visualize and track

Tracking Movement Over Time

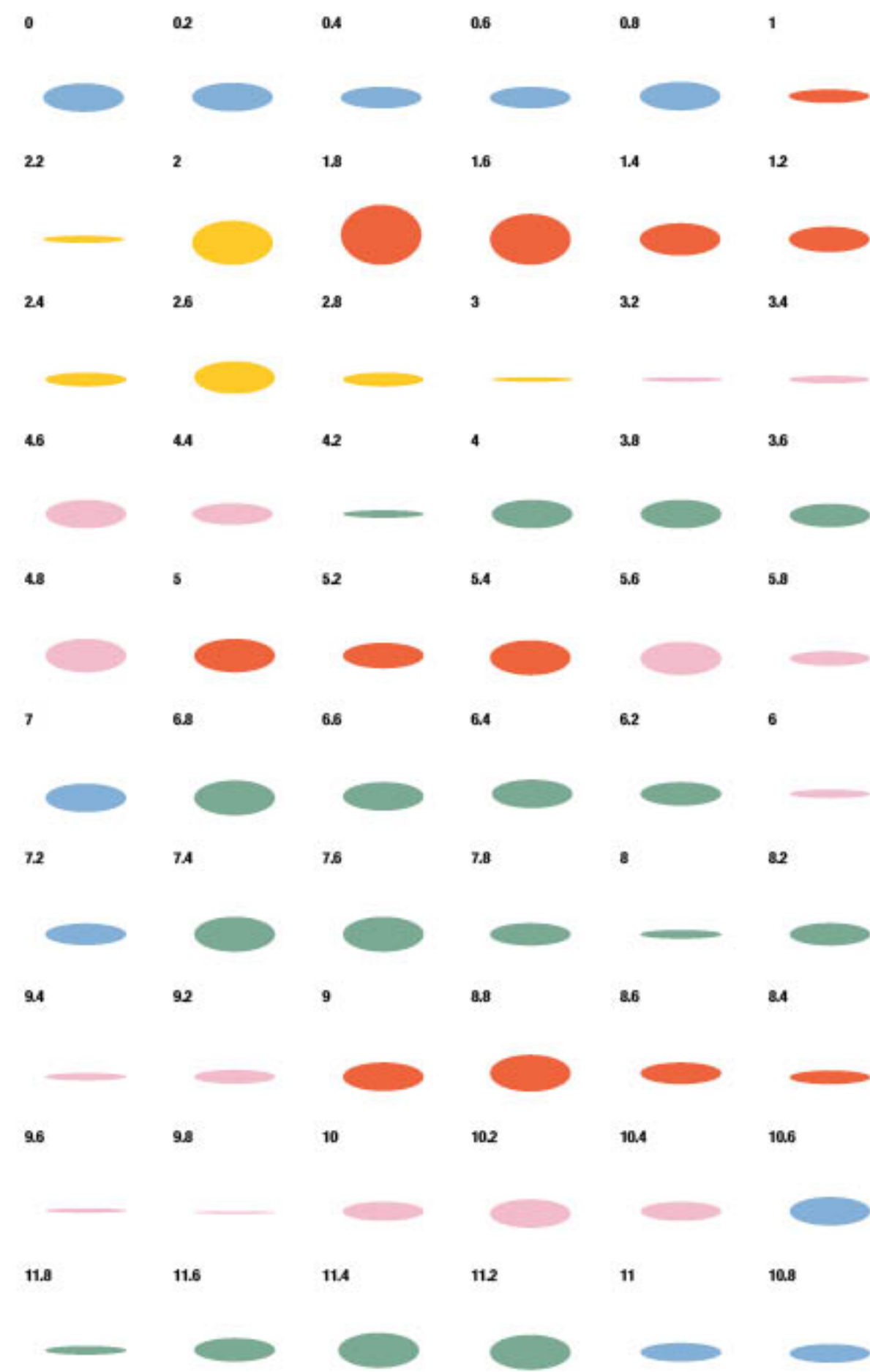
I analyzed a 12-second video of myself eating crisps.

Every 0.2 seconds, I captured a frame and extracted the shape of my eye, mouth, and finger movements.

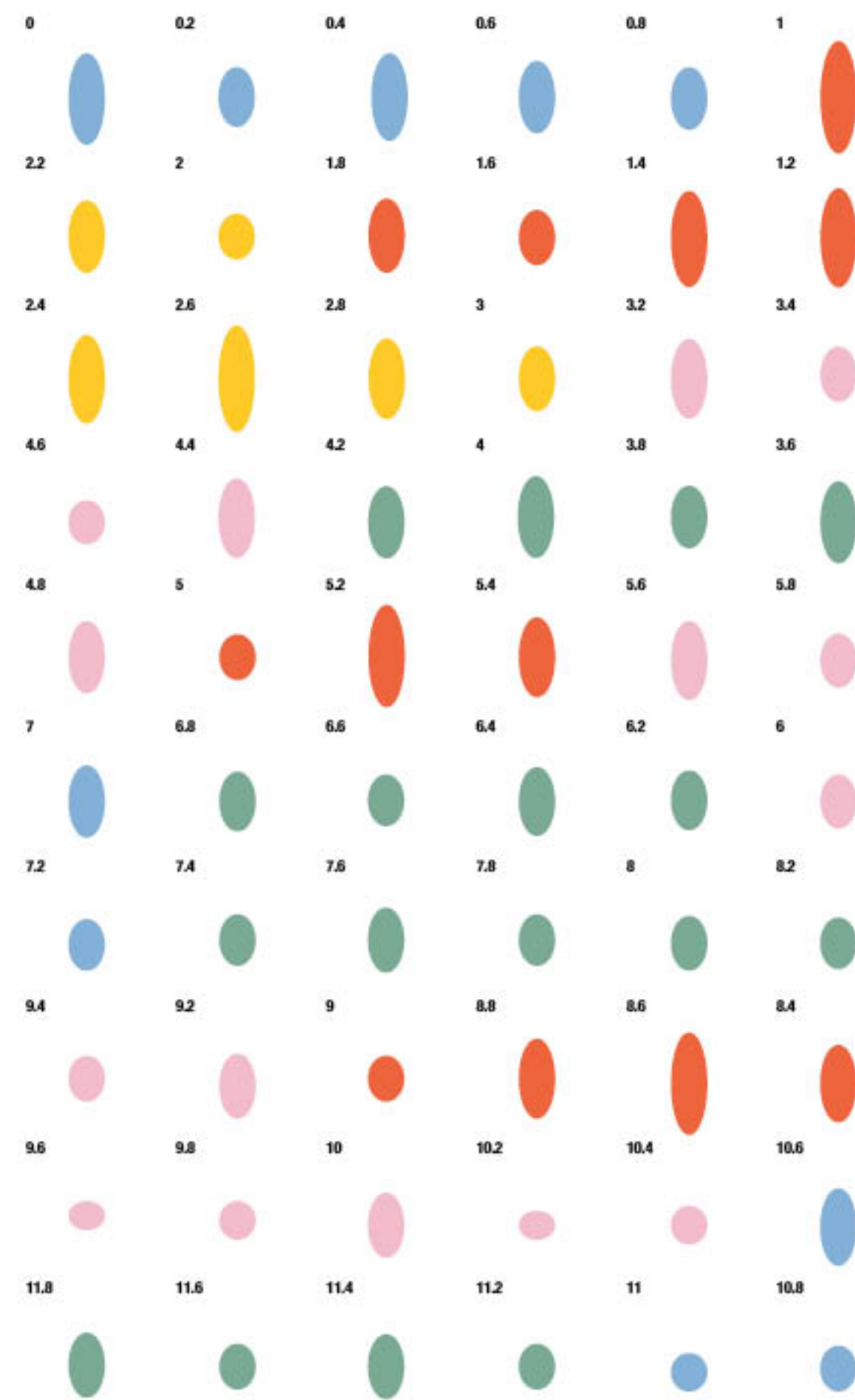
I mapped how my gestures shifted while I was eating.

Each shape captures a little moment, and together they show the full flow of my emotions and movements.

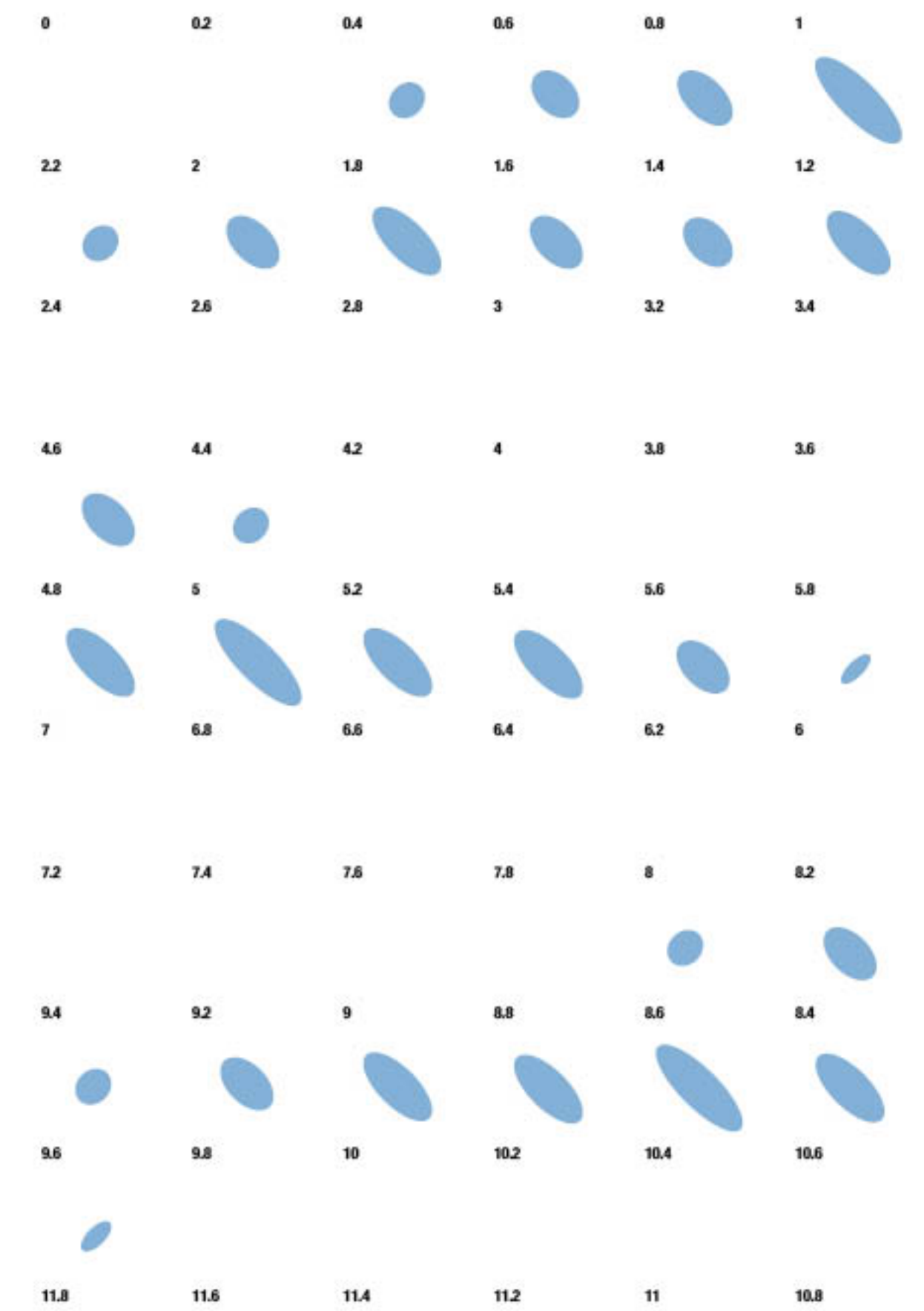
Eyes



Mouth



Finger



A musical score

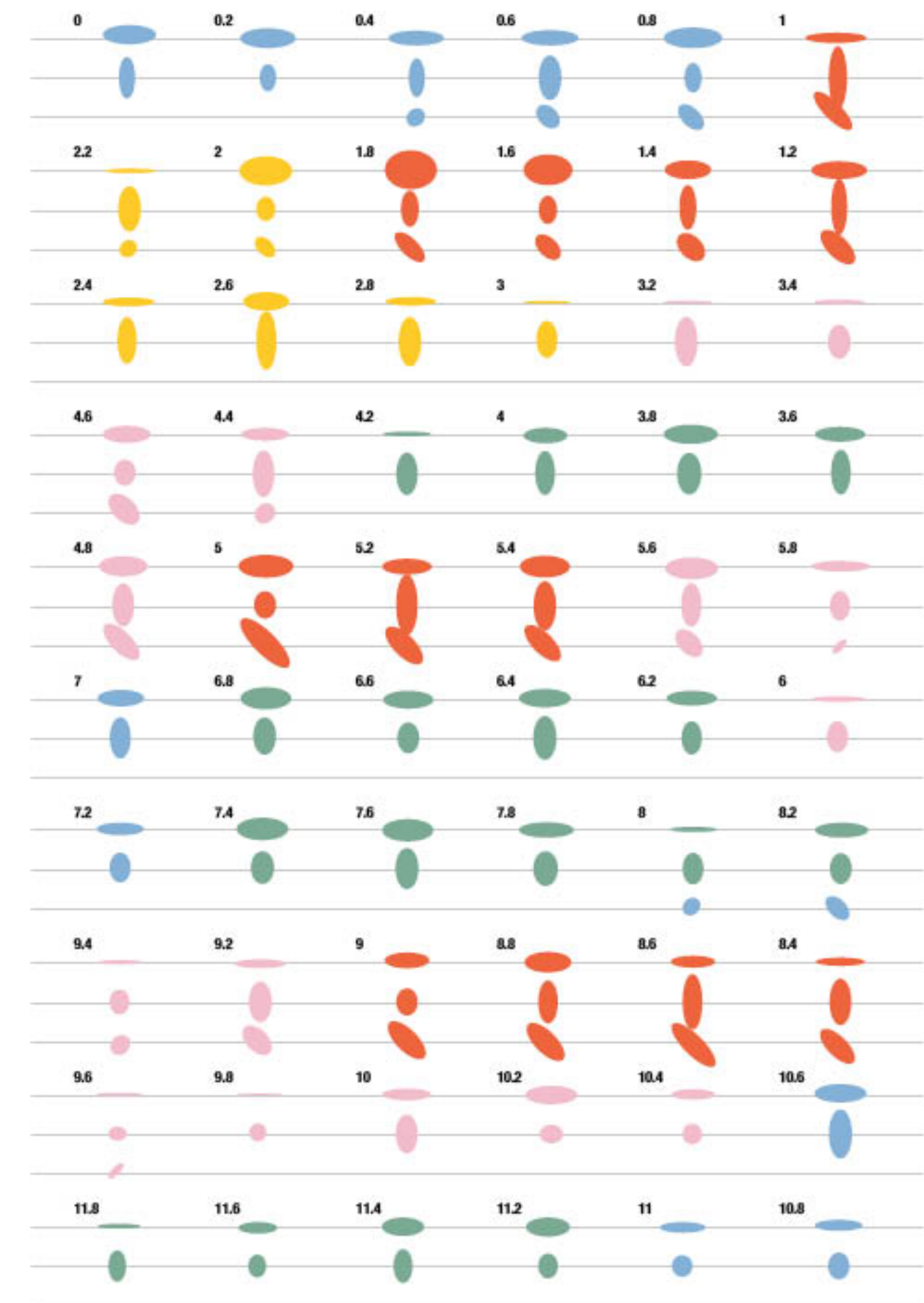
The vertical position shows emotional intensity — the higher the mouth shape, the happier the feeling; the lower, the calmer.

How my emotions went up and down while I was eating.



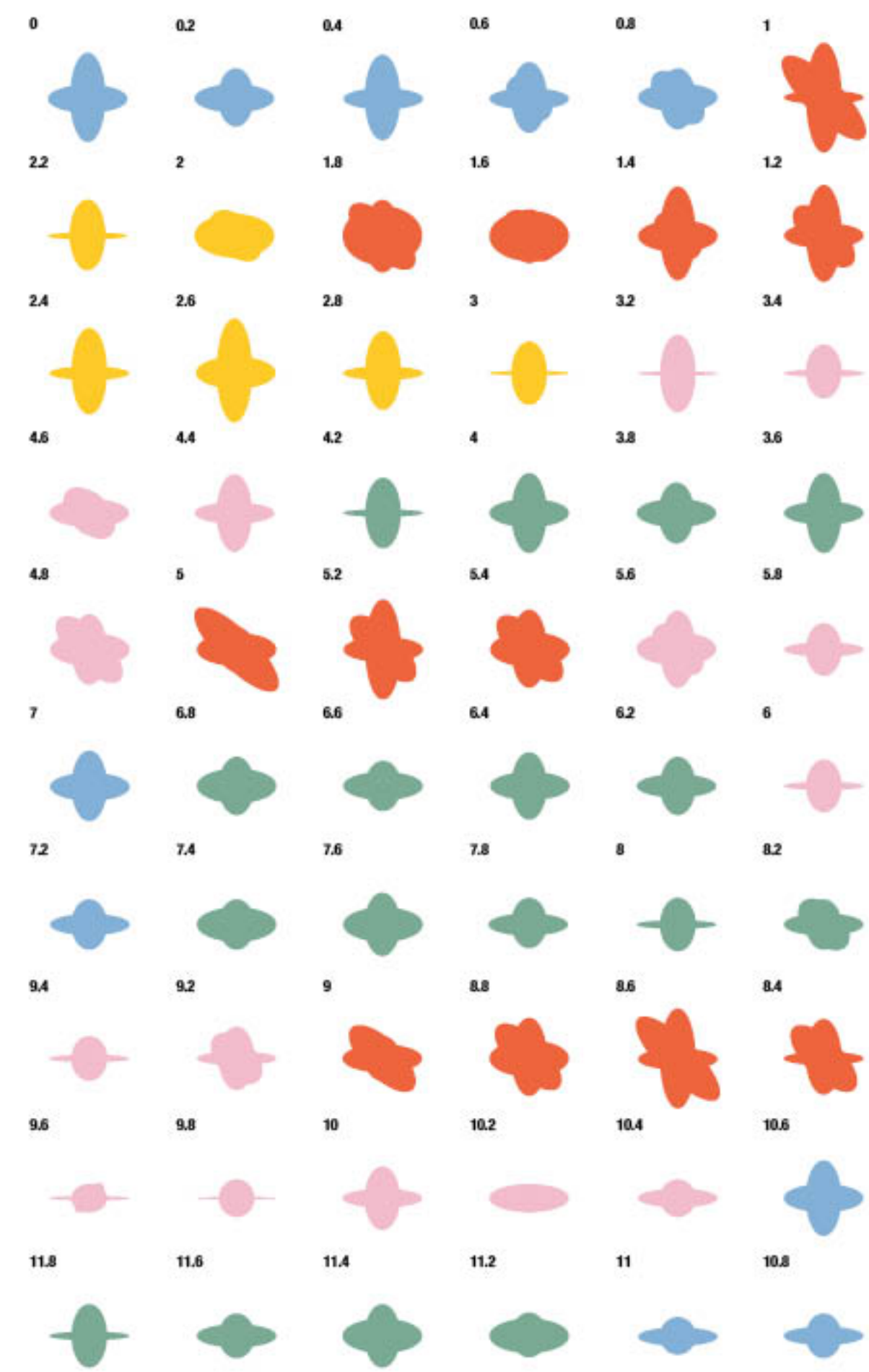
3 main lines — eyes, mouth, and hands.

Each gesture is mapped to its own position on the "score," showing how these three parts moved and changed over time.



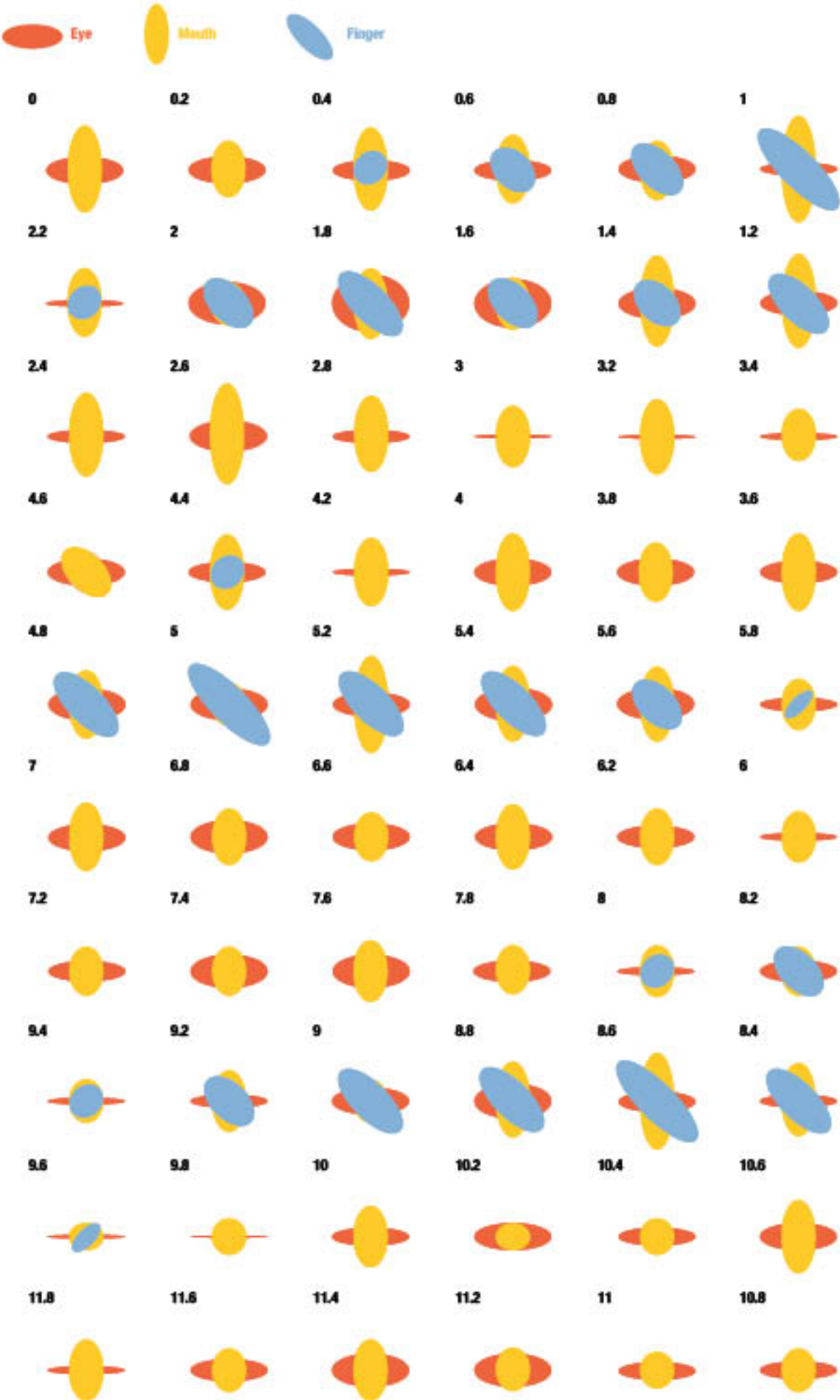
I combined the movement of my mouth, eyes, and fingers into one single shape.

Each moment is a mix of three actions happening at the same time, so you can feel the full emotional and physical reaction while I was eating.



I used different colors and shapes to represent eye, mouth, and finger movements separately.

By layering them together, it builds a new kind of pattern that captures the full physical feeling of eating.



I combined the shapes into one timeline, and mapped them onto an emotional score — with "Happy" at the top and "Calm" lower down.

It shows **emotional flow** and **physical movements**.

